

## **Practical Workshop Requirements**

For learners attending either our People Movers Moving & Handling Trainer / Assessor Course or First Aid Basic Life Support Trainer Course.

Any individual(s) enrolling or enrolled onto a course are required to be in a suitable physical condition to enable them to participate safely in the practical session(s). This excludes those individual(s) who require a personal assistant and have informed us prior to the enrolment.

To ensure that learning outcomes are met and learners are fully aware of what is required on our train the trainer courses, please read carefully the following entry requirements:

### **Be ready and on time**

It's essential that all learners arrive on time and be ready at the designated start time for all training sessions.

### **Wear suitable clothing & footwear**

It's essential that learners wear suitable clothing and footwear for the practical session. Comfortable clothing for safety and ease of movement is required, so no high heels, flip flops, etc.

### **Take part in the practical session**

It's essential that learners take part and are involved in the practical session where physical demonstrations involving moving fellow learners will take place to cover the various manoeuvring equipment, etc. As in all care work this will involve appropriate use of touch.

### **Trainer Presentation & Coaching Skills Training Session and Assessment**

Learners need to be aware that after suitable instruction and demonstration by their Lead Trainer, that they will be expected to lead the group with regard to various techniques applicable to the course.

This is seen as an essential part of preparing learners for delivering the training confidently and competently after successfully completing the course.

